



THE MIGHTY ONE

EXTENDED PRESS KIT (EPK)



2026





BIO



The Mighty One is the lifelong vision of Canadian artist Tim Steinruck, who founded the project as a solo endeavor in 2007 and remains its core driving force.

The journey evolved dramatically: from collaborating with Canadian metal legend Devin Townsend and his band on the debut album, to having AC/DC producer/mixer Mike Fraser helm the breakout single “Reprieved,” which cracked the Top 10 on rock radio across North America. This success opened doors to major licensing and placement deals for the 2012 album SHIFT with the NHL, NASCAR, MTV, Discovery, and A+E.

In 2017, the Spanish-language version of “Reprieved” (“Absuelto”) became a Top 100 national radio hit in Colombia, establishing a growing fanbase across South America.

The band signed with German label S.A.O.L./CMM in 2021 for the landmark album Torch Of Rock And Roll. The title track—featuring an autobiographical animated video.

The single “Kickin’ Stones,” which confronts mental health and suicide prevention, remains a cornerstone of Steinruck’s work as a life coach, speaker, and facilitator. It earned The Mighty One Songwriter of the Year, Album of the Year, and Band of the Year honors at the 2023 International Singer-Songwriter Awards in Atlanta, Georgia.



In 2025, the band delivered direct support on a sold-out, multi-city Colombian tour with Spanish metal icons OBUS. During the run, Steinruck delivered a powerful mental health and suicide prevention presentation to 350 faculty and staff at the University of Quindío.

Now in 2026, The Mighty One unleashes the crushing new metal single SHATTERED and is preparing a highly anticipated return tour to South America.





THE MIGHTY ONE

HIGHLIGHTS

SHOWS, TOUR DATES & AWARDS

1. 2007 Record Debut Album produced with Devin Townsend
2. 2008 Single Release “Reprieved” mixed by Mike Fraser. Top 10 single in North America. Music video placed into regular rotation at Canadian national station Much Music
3. Second single “Back To You” French version Top 10 at Canadian Forces Radio Worldwide
4. Reprieved added to Auditory Assault 2 Compilation with Bare Metal Records in support of US Troops in Iraq and Afghanistan
5. 2011 SHIFT album release. “Waiting For You” single added to Sirius XM and featured on NHL television network. Licensing with NASCAR, MTV, Discovery and A+E.
6. 2011 SXSW and Canadian Music Week invitations and performances.
7. 2012 “Countdown To Ascension” single and video added to Canadian national radio and music video station Much Music
8. 2020 signed album deal with German label CMM/SAOL
9. 2021 release of “Torch Of Rock And Roll” album
10. 2022 “Torch Of Rock” music video wins multiple global Animation Film Festival Awards
11. 2023 frontman Tim Steinruck wins “International Songwriter Of The Year” while the band wins “Album and Band Of The Year” at the International Singer Songwriter Awards in Atlanta, Georgia.
12. 2024 The Mighty One headlines the ISSA Awards in Atlanta, Georgia.
13. 2024 The Mighty One releases the “Torch Of Rock And Roll” comic book
14. 2025 multi-city Colombian Tour in direct support of OBUS

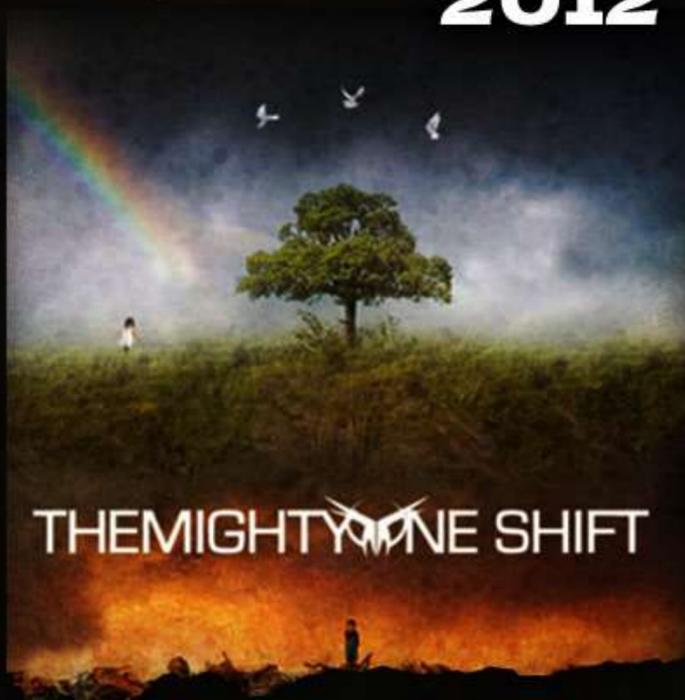
OUR DISCOGRAPHY MUSIC

2007



THE MIGHTY ONE (DEBUT ALBUM)
Produced by Devin Townsend

2012



SHiFT

2021



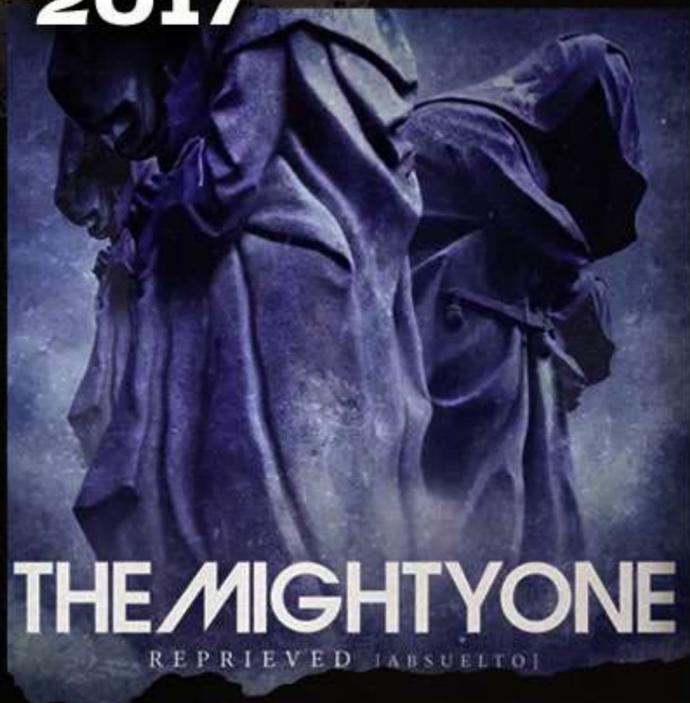
TORCH OF ROCK AND ROLL

STUDIO ALBUMS



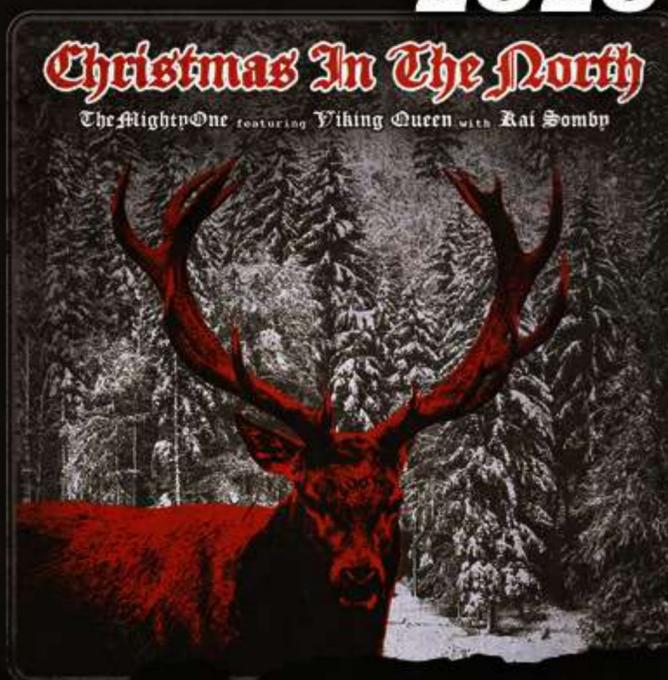
OUR DISCOGRAPHY MUSIC

2017



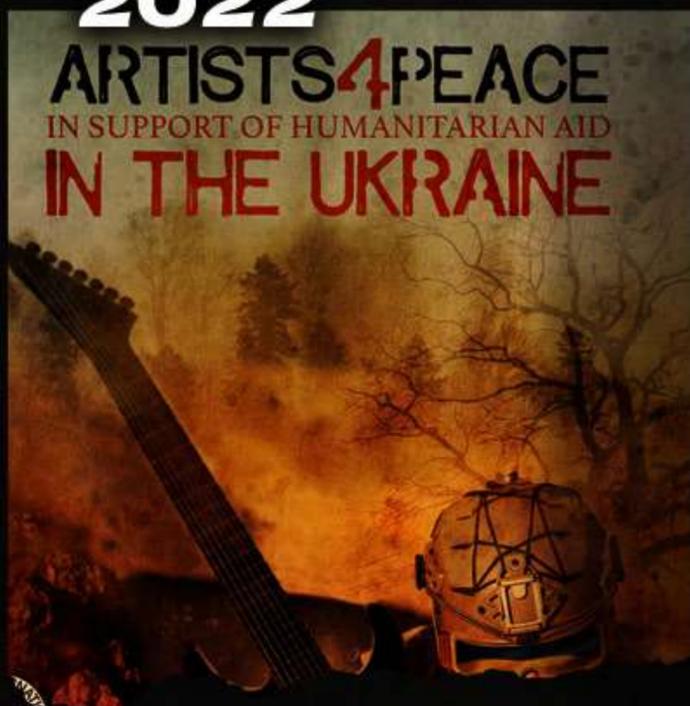
REPRIEVED (ABSUELTO)
Spanish Version

2020



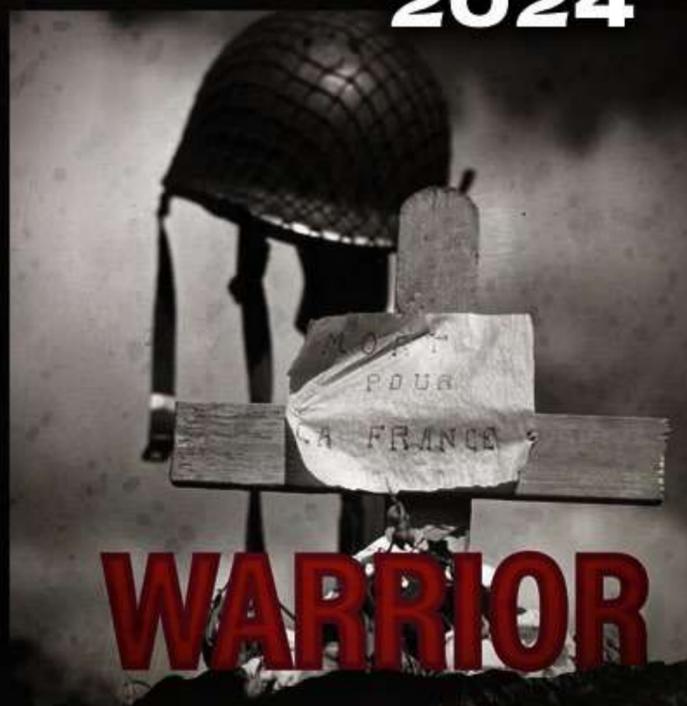
CHRISTMAS IN THE NORTH
Feat. Viking Queen w/ Kai Somby

2022



Artists4Peace

2024



WARRIOR D-DAY 80 YEARS

SINGLES &
SPLITS



OUR VIDEOGRAPHY CLIPS

2021



TORCH OF ROCK AND ROLL

2022



SO HIGH

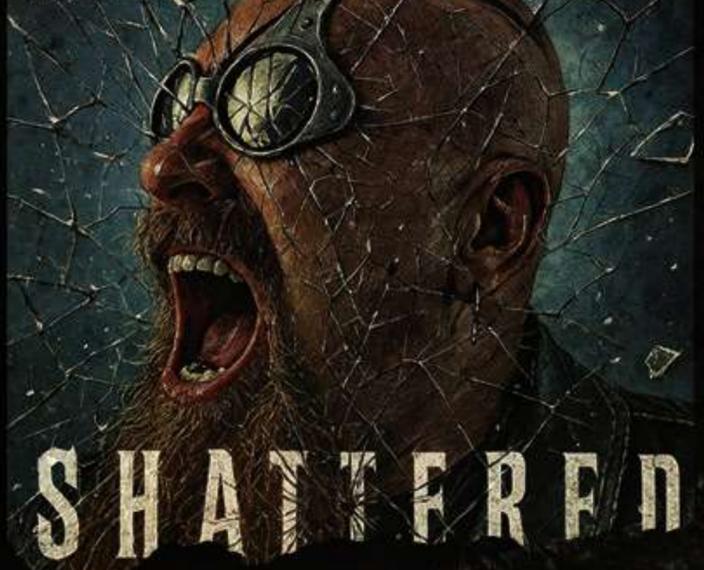
2023



KICKIN' STONES

2026

THE MIGHTY ONE



SHATTERED

SHATTERED

FEEL THE FIRE
KEEP IT BURNING!



PRESS & MEDIA

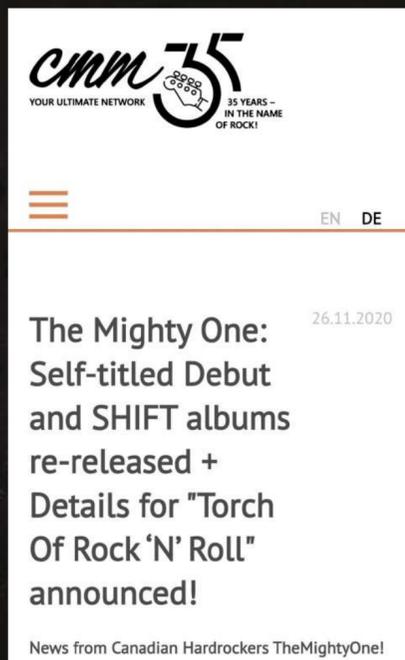


billboard

The Mighty One presenta 'Kickin' Stones', una canción que invita a preservar la vida

La canción atrae y despierta profundos sentimientos de pérdida y triunfo glorioso. Con más de seis minutos de duración, es una poderosa balada que se completa con un impresionante solo de guitarra que captura un sentimiento legendario que fue distintivo y único de principios de los años 90.

Billboard Argentina

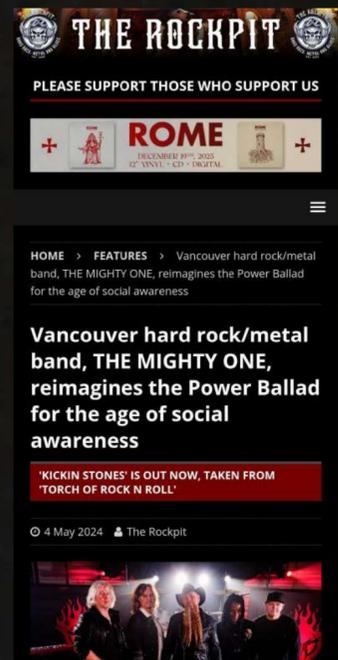


CMM 35
YOUR ULTIMATE NETWORK 35 YEARS - IN THE NAME OF ROCK!

The Mighty One: Self-titled Debut and SHIFT albums re-released + Details for "Torch Of Rock 'N' Roll" announced!

26.11.2020

News from Canadian Hardrockers TheMightyOne!



THE ROCKPIT

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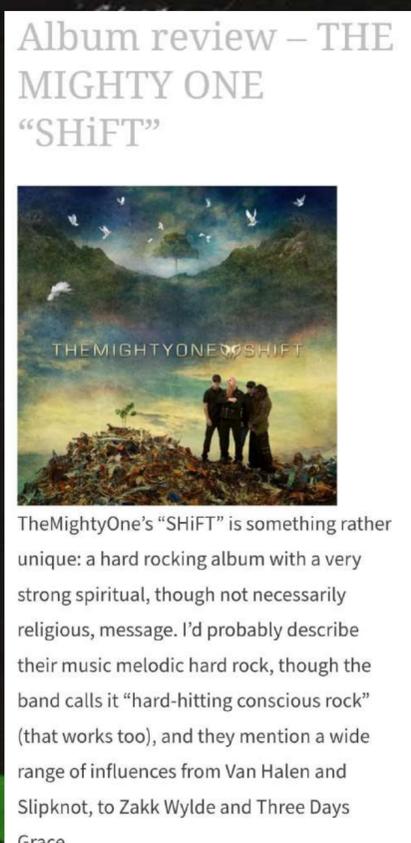
ROME
RECORDED BY: 2012
CD - METAL

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Vancouver hard rock/metal band, THE MIGHTY ONE, reimagines the Power Ballad for the age of social awareness

'KICKIN STONES' IS OUT NOW, TAKEN FROM 'TORCH OF ROCK N ROLL'

4 May 2024 The Rockpit



Album review – THE MIGHTY ONE "SHiFT"



TheMightyOne's "SHiFT" is something rather unique: a hard rocking album with a very strong spiritual, though not necessarily religious, message. I'd probably describe their music melodic hard rock, though the band calls it "hard-hitting conscious rock" (that works too), and they mention a wide range of influences from Van Halen and Slipknot, to Zakk Wylde and Three Days Grace.



TNT
radio.rock

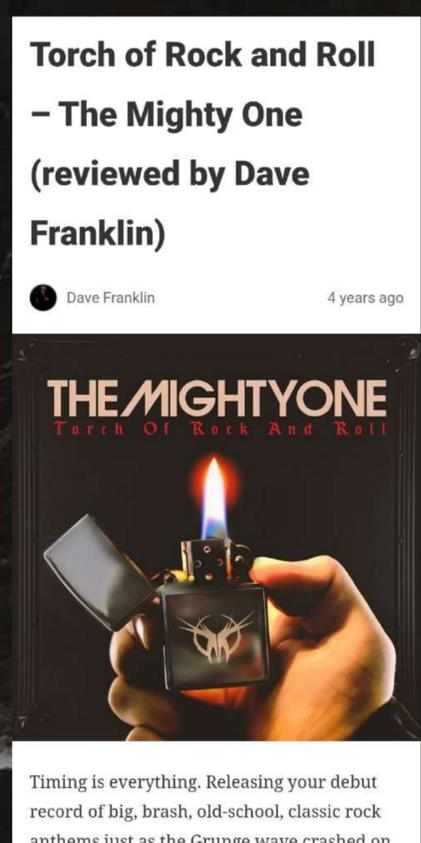
IN FLAMES

NOTICIA

THE MIGHTY ONE comparten su vídeo ""Torch Of Rock And Roll"

Inicio » Los mejores Videoclips de Rock y Metal » THE MIGHTY ONE comparten su vídeo ""Torch Of Rock...

Leelo en 3 mins



Torch of Rock and Roll – The Mighty One (reviewed by Dave Franklin)

Dave Franklin 4 years ago



Timing is everything. Releasing your debut record of big, brash, old-school, classic rock anthems just as the Grunge wave crashed on

